

FLU VACCINE FOR YOU

Protection for Two

The flu shot is the best protection for you—and your baby.

Getting the flu during pregnancy can cause serious problems for you and your baby.

The flu shot is safe for you and your child anytime during pregnancy.



Talk to your prenatal health care provider about getting your flu shot at your next appointment. You can also get vaccines at your local DHEC health department.

**For an appointment, call
1-855-472-3432**



Tdap VACCINE FOR YOU

Protection for Two

Pregnant women are recommended to get the Tdap vaccine to protect their baby from whooping cough (pertussis).

Whooping cough is a serious disease that can cause babies to stop breathing.

Tdap vaccine given during your 3rd trimester (between 27 and 36 weeks) will give your baby the best protection.

The Tdap vaccine is safe for you and your baby.



Talk to your prenatal health care provider about getting the Tdap shot at your next appointment. You can also get vaccines at your local DHEC health department.

For an appointment, call
1-855-472-3432



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www.cdc.gov/vaccines/pregnancy